

Date: February 5, 2023

Scripture: Matthew 5: 13-20

MUSINGS:

Salt and light were very important to the early hearers of Matthew's words. They had powerful meanings. They saw salt as being free from contamination. It added flavor to things. Most importantly, they used it as a preservative. They also believed that all light came from God. Light was to be seen. Light was a guide. Light could be a warning.

CONSIDER:

- Why are "you" the salt to the earth and the light to the world?
- In light of the meanings listed above (being free from contamination; adding flavor; being a preservative), how do you see being the salt today?
- In light of the meanings listed above (being from God; being a guide; being a warning), how do you see being a light today?
- What happens if / when you are not the salt and light?

ACTIVITY:

Community is a very important part of the Book of Matthew. List ways your community (Youth Group) is salt and light. List ways your youth group can add more saltiness and light to those around you.

-Written by Robert Hay



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